



COMMUNITY RESOURCE GUIDE

This guide was developed in partnership with

The Louisa Reentry Council

and the

Thomas Jefferson Area Crisis Intervention Team



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24-HOUR CRISIS HELP LINES

2-1-1 Virginia (local resource hotline)

Phone: 211 or 1-800-230-6977

General Emergency (Police, Rescue, Fire)

Phone: 911

Adult Protective Service Hotline

Phone: 1-888-832-3858

Alzheimer's Association

Phone: 911 for immediate assistance

Medical alert/Safe return: 1-800-625-3780

Blue Ridge Poison Control Center

Phone: 1-800-222-1222

Virginia Child and Adult abuse/neglect [Protective Services Hotline]

Phone: 1-800-552-7096

National Sexual Assault Hotline

Phone: 1-800-656-4673

Sexual Assault Resource Agency [SARA]

Phone: 1-434-977-7273

Region Ten Emergency services [Mental Health Crisis Hotline]

Phone: 1-434-972-1800

National Runaway Safeline

Phone 1-800-786-2020

Shelter for Emergency domestic violence assistance

Phone: 1-434-293-8509

National Suicide and Veteran Crisis Prevention Lifeline

Phone: 1-800-273-8255

Veteran Crisis Line

Phone: 1-800-273-8255 Ext. 1

LAW ENFORCEMENT/EMERGENCY SERVICES

Louisa County Administration

Phone: 540-967-3400

Address: 1 Woolfolk Avenue, Louisa, VA 23093

Email: Info@louisa.org

Hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

Louisa County Sheriff's Office

Phone: 911 [emergency], 540-967-1234 [non-emergency], 540-967-4589 [administration]

Address: 1 Woolfolk Avenue, Louisa, VA 23093

Email: lcsol@louisa.org

Town of Louisa Police Department

Phone: 911 [emergency], 540-967-1234 [non-emergency], 540-967-3011 [administration]

Address: 212 Fredericksburg Avenue, Louisa, VA 23093

Louisa County Crime Solvers

Phone: 1-800-346-1466

Address: P.O. Box 789, Louisa, VA 23093

Website: louisacrimesolvers.org

Services: Louisa Crime Solvers pays for information leading to the arrest and indictment of those individuals deemed persons of interest. You do not have to give your name or testify in court. Your information could be worth up to \$1,000 [cash reward].

Virginia State Police

Phone: 911 [emergency], 804-674-2000 [non-emergency]

Website: vsp.state.va.us

Louisa County Fire and Emergency Services

Phone: 911 [emergency], 430-967-1234 [non-emergency], 540-967-3491 [administration]

SOCIAL SERVICES

Louisa County Department of Human Services [DHS]

Phone: 540-967-1320, Fax: 540-967-0593

Address: 103 McDonald Street, Louisa, VA 23093

after mid Feb: 114 Industrial Dr, Louisa, VA 23093

Hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: Financial and social services such as SNAP [food stamps], TANF, childcare, Medicaid, Medicaid Expansion, Virginia Initiative for Employment and Fuel and Energy assistance. The office also oversees foster care, adult, and child protective services.

Louisa County Adult Protective Services [APS]

Phone: 540-967-1320, 1-888-832-3858 [24-hour hotline]

Address: 103 McDonald Street, Louisa, VA 23093

after mid Feb: 114 Industrial Dr, Louisa, VA 23093

Hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: APS serves adults 60 years of age and older as well as incapacitated adults 18 years of age and older. They offer a variety of health, housing, social, and legal services to stop and prevent [further] mistreatment of this community.

Louisa County Child Protective Services [CPS]

Phone: 540-967-1320, 1-800-552-7096 [24-hour hotline]

Address: 103 McDonald Street, Louisa, VA 23093

after mid Feb: 114 Industrial Dr, Louisa, VA 23093

Hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: CPS serves children under the age of 18. They offer a variety of health, housing, social and legal services to prevent/stop mistreatment of this community.

Louisa County Reentry Council

Phone: 540-967-1320

Website: www.louisacounty.com

Address: 103 McDonald Street, Louisa, VA 23093

After mid Feb : 114 Industrial Dr, Louisa, VA 23093

Services: The Reentry Council is composed of individuals, and organizations that collaborate in meeting basic needs of former incarcerated individuals returning to Louisa County. The Case Manager works with each participant to identify their needs and develops an individual action plan to help them to assimilate back into society. Such basic needs as employment, transportation, substance abuse/mental health services are just a few issues that this mentoring/coaching model address. To apply, call the above number for screening and appointment.

ALCOHOL/SUBSTANCE ABUSE

Region 10 Community Services Board

Phone: 540-967-2880, 1-434-972-1800 [24-hour hotline]

Website: www.region10.org

Address: 101 Ashley Street, Louisa, VA 23093

Hours: Monday-Friday 8:00 a.m. – 5:00 p.m.

Services: Many options for self-help, support groups, intensive outpatient programs and many community outreach programs. Charges for services vary with an individual's income.

Now offering the OBOT [Office-based opioid treatment] program. OBOT uses medication assisted treatment which has been proven to be a very effective treatment option. For more information call 540-967-1800 and request the OBOT program or walk in weekdays at 800 Preston Ave. from 8:30 a.m. – 2:00 p.m. For Greene and Louisa services, call 1-434-962-1949.

Mohr Center

Phone: 1-434-979-8871

Address: 1907 Cedar Hill Road, Charlottesville, VA 22901

Hours: 24 hours; 7 days

Services: A ten-bed intensive treatment program for MEN recovering from addiction. Applicants must be sober and screened by Region 10. There is also a public inebriate shelter that provides a 5 bed sober shelter for adult males.

Addiction Recovery Systems [ARS]

Phone: 1-434-220-0080

Website: <http://www.arshealth.com/>

Address: 103 S. Pantops Drive, Suite 102, Charlottesville, VA 22911

Services: ARS offers medication assisted treatment by way of methadone or suboxone to aid individuals seeking recovery from opiate addiction. Individual and group counseling sessions are offered in conjunction with individual care from a treatment team inclusive of addiction counseling professionals, nurses and physicians. Speak with a representative regarding payment/insurance.

Alcoholics Anonymous [Jefferson District Intergroup]

Phone: 1-434-293-6565

Website: www.aaheartofva.org

Address: 1807 Emmet Street North, Suite 3-A, Charlottesville, VA 22901

Hours: 24 hours; 7 days

Services: Support group of men and women who have the desire to stop drinking. The primary purpose is to stay sober and help other alcoholics achieve sobriety. Updated local meeting schedules are available at jeffersonfob.wordpress.com

Al-Anon and Alateen

Phone: 1-434-972-7011

Hours: 24 hours; 7 days

Services: Support group for families and friends of alcoholics. Alateen is a support group specifically for alcohol affected youth.

ALCOHOL/SUBSTANCE ABUSE [continued]

Georgia's Healing House Partner for Mental Health

Phone: 1-434-825-4311

Website: www.georgiasfriends.org

Address: 911 East Jefferson Street, Charlottesville, VA 22902

Email: volunteerghh@gmail.com

Services: Provides a safe and structured living environment to assist women in recovery from drugs or alcohol addiction/abuse to heal and become healthy, self-reliant and productive members of their communities. Program cost is based on a percentage of the participant's income. Obtain more information at georgiasfriendscville.org

Narcotics Anonymous [Piedmont Area]

Phone: 1-800-777-1515

Website: www.piedmontvana.org

Address: P.O. Box 6931, Charlottesville, VA 22906

Hours: 24 hours; 7 days

Services: Self-help and support group of recovering addicts wishing to help one another to stay clean and sober. An updated list of meetings and events is available at piedmontvana.org

Oxford House [Nationwide]

Phone: 1-800-689-6411; Virginia 1-804-475-5130

Website: www.oxfordhouse.org

Address: Various locations throughout Virginia and the U.S.

Services: The houses offer a democratically run, self-supporting and drug free home for those in recovery from addiction[s]. The residents share housing costs [including utilities] equally. A current list of vacancies are available on the website.

SAARA [Substance Abuse and Addiction Recovery Alliance]

Phone: 10804-762-4445

Website: <http://www.saara.org/>

Address: 2000 Mecklenburg Street, Richmond, VA 23223

Hours: Monday-Friday 8:30 a.m. – 6:00 a.m.

Services: Serves individuals in recovery from alcohol and drug addiction. Also provides advocacy for the client, family and friends, they offer trainings and group meetings.

Smart Recovery [On Our Own]

Phone: 1-561-860-0228 [facilitator]

Website: <http://www.onourownville.org/>

Address: 123 4th Street, Charlottesville, VA 22903

Hours: Refer to Website

Services: On Our Own's mission is to provide free peer support, self-help, education, guidance, advocacy, and referral services for adults who acknowledge that they have experienced significant have problems in their lives due to challenges with mental health, substance use, or trauma.

MENTAL HEALTH/DOMESTIC VIOLENCE/SEXUAL ASSAULT

Region Ten Community Services Board

Phone: 1-540-967-2880; 1-434-972-1800 [24-hour hotline]

Website: www.region10.org

Address: 101 Ashley Street, Louisa, VA 23093

Hours: Monday–Friday 9:00 a.m. – 5:00 p.m.

Services: Offers many options for individuals struggling with mental health issues, substance use or mental disabilities. Most insurance accepted as well as self-pay on a sliding fee.

Help Happens Here

Phone: 911 [emergency] 1-434-227-0641 [non-emergency and referral line]

Website: www.helpappenshere.org

Services: This is a public awareness and stigma reduction campaign by the Community Mental Health and Wellness Coalition.

On Our Own

Phone: 1-434-979-2440

Website: www.onourowncville.org

Address: 123 4th Street NW, Charlottesville, VA 22903

Hours: Monday/Tuesday 10 a.m. – 5:00 p.m.; Thursday/Friday 11:00 a.m. – 5:00 p.m.;

Wednesday/Saturday 12:00 noon – 5:00 p.m.; closed on Sunday

Services: Provides mutual support, self-help, advocacy, education, information and referral services to individuals experiencing significant issues in their lives due to mental illness. Free groups and walk-in peer support is offered 6 days a week.

SARA [Sexual Assault Resource Agency]

Phone: 1-434-295-7273; 1-434-977-7273 [24-hour hotline]

Website: www.saracville.org

Address: 335 Greenbrier Drive, Suite 102, Charlottesville, VA 22901

Hours: Monday–Friday 9:00 a.m. – 5:00 p.m.

Email: info@saracville.org.

Services: Free support services are available in English and Spanish to all survivors of sexual violence. SARA also promotes community education, prevention, and awareness. Through the 24-hour hotline, representatives are available to accompany survivors to the hospital ER at all times

MENTAL HEALTH/DOMESTIC VIOLENCE/SEXUAL ASSAULT[continued]

Shelter for Help in Emergency

Phone: 1-434-963-4676; 1-434-293-8509 [24-hour hotline]

Website: www.shelterforhelpinemergency.org

Address: 1415 Sachem Place, Suite 1, Charlottesville, VA 22902

Hours: 24 hours; 7 days

Email: info@shelterforhelpinemergency.org

Services: The shelter offers a variety of services designed to empower victims of domestic violence and create community support for domestic violence victims through services such as emergency, temporary and transitional housing, counseling, case management, programs for children and teens, and legal advocacy. Services are available in both English and Spanish.

The Women's Initiative

Phone: 1-434-872-0047

Website: www.thewomensinitiative.org

Address: 1101 East High Street, Suite A, Charlottesville, VA 22902

Hours: Monday, Wednesday, Friday 9:00 a.m. – 5:00 p.m.

Tuesday and Thursday 9:00 a.m. – 8:00 p.m.

Email: info@thewomensinitiative.org

Services: Provides underinsured and uninsured women with individual counseling, free social support groups as well as community outreach and education. Services are available in both English and Spanish. A free walk in clinic is available at various locations. Charges based on income.

CHILDREN AND PARENTING

Region Ten Community Services Board

Phone: 540-967-2880; 1-434-972-1800 [24-hour hotline]

Website: www.region10.org

Address: 101 Ashley Street, Louisa, VA 23093

Hours: Monday-Friday 9:00 a.m. – 5:00 p.m.

Services: Offers many options for individuals struggling with mental health issues, substance use or mental disabilities. Most insurance accepted as well as self-pay on a sliding fee.

The ARC of Piedmont

Phone: 1-434-977-4002

Website: www.arcpva.org

Address: 1149 Rose Hill Drive, Charlottesville, VA 22903

Hours: Monday-Friday 8:30 a.m.-5:00 p.m.

Services: The ARC supports and works to connect individuals diagnosed with intellectual and developmental disabilities with the wisdom and support from other parents, family members, professionals and community members.

MACAA [Monticello Area Community Action Agency]

Phone: 540-967-9522

Website: www.macaa.org

Address: 115 Jefferson Hwy [Sage Bldg.], Louisa, VA 23093

Hours: Refer to website for days and hours

Services: Head Start provides a comprehensive early childhood development program for three and four year old children from families in greatest need. Family advocates provide case management support; assist parents in addressing social service needs and help parents attain family management and parenting skills.

PREP [Piedmont Regional Education Program]

Phone: 1-434-975-9400

Website: www.piedmonteducation.org

Address: 227 Lambs Ln, Charlottesville, VA 22901

Hours: Refer to website for days and times

Services: PREP provides tailored education programming and related services for children with emotional disabilities such as, vision and mobility issues, hearing impairment, therapy and autism. They also provide a Parent Resource Center.

Ready Kids

Phone: 1-434-296-4118; 1-434-972-7233 [teen crisis hotline]

Website: www.readykidscville.org

Address: 1000 East High Street, Charlottesville, VA 22901

Hours: See website for days and hours

Services: Serves children, youth and their families with early literacy programs, life skills and childcare. They also provide counseling and temporary shelter for survivors of abuse and for teens at risk of running away. Additionally they provide training, workshops, and support groups for parents.

CHILDREN AND PARENTING [continued]

Side by Side [formerly ROSMY]

Phone: 1-888-644-4390 [24-hour youth support hotline], 1-804-644-4800 [main office], 1-434-987-8975 [support group]

Website: www.sidebysideva.org

Address: UVA Teen & Young Adult Center, 1204 W. Main Street, Charlottesville, VA 22903
2311 Westwood Avenue, Richmond, VA 23230 [main office]

Hours: Refer to website

Email: info@sidebysideva.org

Services: Offers a local support group in Charlottesville for LGBTQ+ youth ages 14-20. The main office in Richmond also provides counseling, support, scholarships and other services for LGBTQ+ youth as well as training sessions to increase awareness and education within the general community. Options for self-help, support groups, intensive outpatient programs and many community outreach programs are available. Fees vary with income.

Child Health Partnership [Formerly Jefferson Area Chip]

Phone: 540-967-1760

Fax: 540-967-2765

Website: www.childhealthpartnership.org

Address: 1469 Greenbrier Place, Charlottesville, VA 22901

Services: Partnering with families to support the healthy development of infants and children facing the challenges of child illness, developmental delays, and the challenges of everyday life that come with limited resources. We serve some families long rooted in our community as well as refugees and recent immigrants in Charlottesville and the counties of Albemarle, Fluvanna, and Louisa.

HEALTHCARE

Blue Ridge Poison Control Center

Phone: 911 [emergency]; 1-800-222-1222 [non-emergency]

Website: www.med.virginia.edu/brpc

Address: 1222 Jefferson Park Avenue, Charlottesville, VA 22903

Hours: 24-hours; 7 days

Services: Phone center if you believe someone may have made a mistake with their medication intake or may have swallowed, touched or inhaled something harmful/fatal. Non-emergency calls are welcome, free and confidential. If an individual is not breathing, having a seizure or cannot wakeup call 911.

Charlottesville Free Clinic

Phone: 1-434-296-5525

Website: www.cvillefreeclinic.org

Address: 901 Preston Ave, Suite 300, Charlottesville VA 22903

See website for hours of clinic, dental and prescription services

Services: Offers medical services to those underinsured or have no insurance. Services are by appointment only.

Health and Wellness Center of Louisa

Phone: 540-967-9401

Website: www.cvhsinc.org

Address: 115 Jefferson Highway, Suite 9, Louisa, VA 23093

Hours: Monday, Tuesday, Wednesday, Friday 8:30 a.m. – 5:00 p.m. Thursday 10:30 a.m.-7:00 p.m.

Dental hours: Monday-Thursday 8:00 a.m. – 6:30 p.m.

Office closes at noon on first Wednesday of each month

Services: Run by Central Virginia Health Services, the Center strives to provide affordable health care to the underserved population. They offer behavioral, medical, dental and assistance finding affordable health insurance.

Louisa County Health Department – Clinic Health Services

Phone: 540-967-3703; 1-866-531-3068 [public health emergency hotline]

Website: www.louisacountypublichealth.com

Address: 540 Industrial Drive, Louisa, VA 23093

Hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: Offers medical services such as immunizations, family planning, sexual health, TB testing, and WIC nutrition. Additional services are environmental health and emergency preparedness.

Planned Parenthood

Phone: 1-434-296-1000

Website: www.plannedparenthood.org

Address: 2964 Hydraulic Road, Charlottesville, VA 22901

See website for days and hours.

Services: Walk in service is available for emergency contraception, pregnancy testing and birth control refill pickup. Other services are available by appointment for a range and sexual and reproductive health care services as well as STD testing. Fees based on income and insurance.

HEALTHCARE [continued]

LifeSpring

Phone: 1-434-220-3777

Website: www.lifespringva.org

Address: 1416 Greenbrier Place, Charlottesville, VA 22901320

Services: No cost, No judgement. An agency that provides free pregnancy tests, counseling and practical support to women in crisis pregnancies.

UVA Teen and Young Adult Health Center

Phone: 1-434-982-0090

Website: www.uvahealth.com

Address: 1204 W. Main Street, Charlottesville, VA 22903

Hours: Monday-Friday 8:30 a.m. – 5:30 p.m.

Services: Serves young men and women 20 years of age and younger for routine healthcare services

NUTRITION

The Louisa County Resource Council

Phone: (540) 967-1510

Website : <http://www.louisaresource.org/>

147 Resource Lane, Louisa, VA 23093

Hours: Monday-Friday 9:00 a.m.-3:00 p.m.

Community Cupboard

Community Cupboard provides monthly allotments of food at no charge to income-eligible Louisa County residents. Basic staples, like canned fruit, vegetables, peanut butter, and protein-rich beans are supplemented with fresh meats, produce, and dairy so that clients have enough variety to create their own nutritious meals.

Emergency Food Pantry

Emergency Food Pantry provides a week's worth of groceries to those faced with an unexpected crisis, such as job loss, or medical emergencies. Families may receive an emergency food supply at no charge two times during a six-month period.

Meals on Wheels

Meals on Wheels partners with the Central Virginia Food Bank to provide daily, nutritious home-delivered meals and a friendly security check to eligible homebound neighbors who cannot shop or cook for themselves.

Children's Feeding Program

Children's Feeding Program in partnership with Louisa County Public Schools, and New Life Community Church, assists children who are at risk of hunger when schools are not in session. On weekends, over holidays, and during the summer, kid-friendly food packed in backpacks or boxes are distributed to children who, without them, would not get enough to eat.

NUTRITION [continued]

Grocery Assistance Program

Grocery Assistance Program (GAP) is a monthly allotment of food to families who have incomes above federal poverty levels but who are struggling to afford enough healthy food. Independent of any government criteria, GAP serves a growing number of Louisa County residents trying to manage on fixed incomes while their housing, electricity, and medical expenses increase. GAP has no effect on clients currently receiving benefits through our other food assistance programs.

Community Closet

The LCRC accepts tax-deductible donations of new and gently used clothing for children and adults. Seasonally appropriate clothing is preferred. Items are made available for clients and others in the community who need assistance.

Information & Referral

Louisa County Human Services

Phone: 540-967-1320

Website: www.Louisacounty.com/238/human-services

Address: 103 McDonald Street, Louisa, VA 23093

after mid Feb: 114 Industrial Dr, Louisa, VA 23093

Information & referrals are constantly provided during work hours for walk-in and telephone inquiries. We help clients connect with other area resources that address employment, homelessness, and a wide variety of human service issues.

JABA Meal Delivery

Phone: 1-434-817-5222; 1-434-817-5244 [eligibility]

Website: www.jabacares.org

Address: 674 Hillsdale Drive, Suite 9, Charlottesville, VA 22901

Services: Meals available to low income, homebound, and over the age of 60 without meal options.

The Salvation Army Public Meals Program

Phone: 1-434-295-4058

Website: www.foodpantries.org/li/va/22902-the-salvation-army-public-meals-program

Address: 207 Ridge Street, Charlottesville, VA 22902

Hours: Breakfast- Monday-Friday 7:30 a.m. – 8:00 a.m.; Saturday and Sunday 8:30 a.m. – 9:00 am.

Lunch: Monday-Friday 11:30 a.m. – noon; Saturday and Sunday 12:30 p.m. – 1:00 p.m.

Dinner: Each day from 4:30 p.m. – 5:00 p.m.

Services: All guests receive one on one advocacy. There is a 58-bed shelter in addition to a soup kitchen that serves 3 meals per day. Emergency food is also available. All services are based on a first come, first serve basis but no one hungry will be turned away.

HOUSING

Fluvanna/Louisa Housing Foundation

Phone: 540-967-3483

Website: www.fluvannacounty.org/socialservices

Address: 144A Resource Lane, Louisa, VA 23093

Services: the foundation strives to improve the ability of low income, elderly and/or disadvantaged individuals to meet their housing needs by providing services. Housing vouchers, handicap ramps, first time home buyers assistance, emergency repairs, indoor plumbing program and rental units are among the services offered. For eligibility and/or more information, phone the listed number.

The Haven

Phone: 1-434-973-1234

Website: www.thehaven.org

Address: 112 West Market Street, Charlottesville, VA 22902

Hours: Monday-Sunday 6:30 a.m. – 12:00 noon; 1:00p.m. -5:00pm (Hours vary in seasons)

Services: provides a multi-resource day shelter for individuals facing homelessness. They offer breakfast, storage bins, a place to receive mail, shower and laundry facilities, computers, job and home search assistance, and a comfortable environment to meet.

MACAA [Monticello Area Community Action Agency]

Phone: 1-434-295-3171

Website: www.macaa.org

Address: 1025 Park Street, Charlottesville, VA 22901

Hours: Monday-Friday 9:00 a.m. – 5:00 p.m.

Services: offices located in Fluvanna, Louisa and Nelson counties provide emergency assistance to families in need of food, clothing and financial resources to cover rent or utility costs.

PACEM [People and Congregations Engaged in Ministry]

Phone: 1-434-973-1234

Website: www.pacemshelter.org

Address: P.O. Box 14, Charlottesville, VA 22902

Service: a grassroots organization that coordinates space and volunteers to provide shelter for individuals in our community who are homeless.

Piedmont Housing Alliance

Phone: 1-434-817-2436

Website: www.piedmonthousingalliance.org

Address: 682 Berkmar Circle, Charlottesville, VA 22901

Hours: Monday-Friday 9:00 a.m. – 5:00 p.m.

Services: provides in-depth information and assistance to first-time homebuyers

HOUSING [continued]

Salvation Army Emergency Shelter

Phone: 1-434-295-4058

Website: <http://www.salvationarmyusa.org/>

Address: 207 ridge Street, Charlottesville, VA 22902

Hours: Monday-Sunday 9:30 a.m. – 3:30 p.m. and 5:00 p.m. – 9:00 p.m.

Services: All guests receive one on one advocacy. There is a 58-bed shelter. In addition, a soup kitchen serves three meals per day. Emergency food is also available. All services based on first come first serve but no one who is hungry will be turned away.

Virginia Supportive Housing

Phone: 1-434-227-4751; 1-804-788-6825 [Central Virginia]

Website: www.virginiassupportivehousing.org

Address: 8002 Discovery Drive, Suite 201, Richmond, VA 23226

Hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: Virginia Supportive Housing manages The Crossings, Charlottesville's first permanent supportive housing community for formerly homeless individuals. It is also a mixed income community in which 30 of the 60 studio apartments are designated for individuals who may not have experienced homelessness but whose incomes are 50% or less of the area median income.

The Journey Home

Phone: 540-259-3627

Website: www.journeyhomemineral.org

Address: P.O. Box 482, Mineral VA , 23117

Services: Provides Christ-centered transitional housing to individuals or families in need of a temporary place to live [up to 18 months]. Spiritual, financial, job and practical education will be available to prepare residents for their next step towards permanent housing. An application and board review are completed prior to acceptance. Visit journeyhomemineral.org for more details.

AREA SCHOOLS

Louisa County School Board

Phone: 540-894-5115

Website: <https://lcps.k12.va.us>

Address: 953 Davis Highway, Mineral, VA 23117

Jouett Elementary School

Phone: 540-872-3931

Website: <https://jes.lcps.k12.va.us>

Address: 315 Jouett School Road, Mineral, VA 23117

Moss-Nuckols Elementary School

Phone: 540-967-1347

Website: <https://mnes.lcps.k12.va.us>

Address: 2055 Courthouse Road, Louisa, VA 23093

Thomas Jefferson Elementary School

Phone: 540-967-0492

Website: <https://tjes.lcps.k12.va.us>

Address: 1782 Jefferson Highway, Louisa, VA 23093

Trevilians Elementary School

Phone: 540-967-1108

Website: <https://tes.lcps.k12.va.us>

Address: 2035 South Spotswood Trail, Louisa, VA 23093

Louisa Middle School

Phone: 540-894-5457

Website: <https://lcms.lcps.k12.va.us>

Address: 1009 Davis Highway, Mineral, VA 23117

Louisa High School

Phone: 540-894-5436

Website: <https://lchs.lcps.k12.va.us>

Address: 757 Davis Highway, Mineral, VA 23117

Services are also being offered through the Thomas Jefferson Adult Learning Program at the Louisa Center [located in front of the high school at 815 Davis Highway] to expand computer skills, navigating online, job searches, etc. Call 1-434-961-5461 for information or visit www.pvcc.edu/tjace

AREA SCHOOLS [continued]

ACE -Thomas Jefferson Adult Career Education through Piedmont Virginia Community College

Phone: 434-961-5461

Website: www.pvcc.edu/tjace/

LCPS Adult and Career Education Center, 815 Davis Highway, Mineral VA

Offers classes that are held in multiple locations and in various formats in order to make them accessible to adults across the region. In Louisa County, there are several options available to earn a GED® and in-person classes for Computer Skills.

ACE [Adult Community Education]

Phone: 540-967-5660

Website: www.ACELouisa.org

Address: 115 Jefferson Highway #1 [Sage Building] Louisa, VA 23093

Hours: Monday-Thursday 10:00 a.m. – 2:00 p.m

Services: ACE trains volunteers to work one on one with adult learners. Learners set their own goals and achieve them with the help of ACE volunteers. After being matched, student and tutor work together to set meeting times and establish a plan accomplish their goals. Subjects include literacy, GED, computer skills and more.

TRANSPORTATION SERVICES

Jaunt, Inc.

Phone: 1-434-296-3184 [Ext 120 for Spanish]

Website: www.ridejaunt.org

Address: 104 Keystone Place, Charlottesville, VA 22902

Email: info@ridejaunt.org; trips@ridejaunt.org [reservations]; ada@ridejaunt.org [ADA services]

Services: Jaunt is a regional public transportation system offering both fixed routes and door-to-door services at affordable prices. They also help coordinate free rides for residents with disabilities.

VETERAN SERVICES

Department of Veteran's Services – Charlottesville Benefits Office

Phone: 1-434-529-6431

Website: www.dvs.virginia.gov

Address: 1430 Rolkin Court, Suite 202, Charlottesville, VA 22911

Hours: Monday-Friday 8:00 a.m. – 4:30 p.m.

Veterans seen 8:30 a.m. – 3:00 p.m.

Closed to the public on the last business day of each month

Services: Serving Veterans in the counties of Albemarle, Charlottesville, Fluvanna, Greene, Louisa, Madison, Nelson and Orange.

ELECTRIC SERVICES

Central Virginia Electric Cooperative

Phone: 1-434-263-8336; 1-800-367-2832 [toll free]

Website: mycvec.com

Address: 1224 Salem Church Road, Palmyra, VA 22963

Dominion Energy

Phone: 1-866-366-4357

Website: www.dominionenergy.com

Address: 13000 James Madison Hwy, Orange, VA 22960

Hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

Louisa County Department of Human Services Energy Assistance

Phone: 540-967-1320

Website: <https://www.louisacounty.com/255/Energy-Assistance>

103 McDonald Street, Louisa, VA 23093

after mid Feb: 114 Industrial Dr, Louisa, VA 23093

Hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: heating, cooling, crisis assistance to low income residents meeting eligibility criteria. Call for more information.

SENIOR/AGING COMMUNITY

InnovAge Virginia PACE – Blue Ridge

Phone: 1-434-216-4089

Website: www.innovage.com/locations/va-blueridge

Address: 1335 Carlton Avenue, Charlottesville, VA 22902

Hours: Monday – Friday 8:00 a.m. – 5:00 p.m.

Services: Providing healthcare and social services to seniors without having to move him/her to a nursing facility. They work in partnership with JABA, UVA Medical Center and Riverside Health System.

JABA [Jefferson Area Board for the Aging]

Phone: 1-434-817-5222

Website: www.jabacares.org

Address: 674 Hillsdale Drive, Suite 9, Charlottesville, VA 22901

Email: info@jabacares.org

Services: Serving the needs of the aging (**60 and over and 18 and over with disability and family caregivers**) community with support groups, providing care and counseling options, and working with other organizations to provide housing and in-home care. For more information call, email or visit jabacares.org

JABA Louisa Community Senior Center

Phone: 540-500-5961, option # 2

Website: www.jabacares.org

Address: 522 Industrial Drive, Louisa, VA 23093

Hours: Tuesday, Wednesday, Thursday 9:30 a.m. – 2:00 p.m.

Services: Community resource information for you and your family. Fun filled days, education and activities for all. If you are an adult age 60+ and can manage your medications and personal care, you are eligible to become a member of one of JABA's Community Senior Centers. Encouraging a healthy lifestyle through exercise as well as various physical activities are part of each day. JABA Health Services provide free health screenings to ensure that the nurse is aware of any medical conditions that may arise.

JABA Respite & Enrichment Center (REC)

Phone: 540-500-5961, option #1

Website: www.jabacares.org

Address: 522 Industrial Drive, Louisa, VA 23093

Hours: Monday through Friday 8:00 a.m. – 4:00 p.m.

Weekday enrichment for older adults (including those with forms of dementia) and those 18+ with disabilities in Charlottesville and Louisa. Activities, healthy lunch, intergenerational connections, caregiver support, health/medication management and more. Provides a safe, loving environment for older adults during the week, allowing them to remain independent at home while offering a welcome respite for their caregivers. JABA REC are busy, active places where members enjoy activities, outings, professional, personalized care, healthy meals, and socialization opportunities with people of all ages.

Virginia Office of Aging Services – Division for Community Living

Phone: 1-804-662-9333

Website: <https://www.vda.virginia.gov>

Address: 1610 Forest Avenue, Suite 100, Richmond, VA 23229

Services: Assists senior Virginians live as independently as possible by coordinating and providing services to help them maintain their dignity and security.

Senior Guidance

Phone: 888-595-9101

Website: www.seniorguidance.org

Services: comprehensive resources on various senior living options including assisted living facilities, senior living communities, nursing homes, independent living communities, continuing care retirement communities [CCRC] and any other long term care options such as Alzheimer's or Dementia.

LEGAL INFORMATION/REFERRAL SERVICES

Legal Aid Justice Center

Phone: 1-434-977-0553

Website: www.valegalaid.org

Address: 1000 Preston Avenue, Suite A, Charlottesville, VA 22903

Hours: Monday-Friday 9:00 a.m. – 5:00 p.m.

Services: Provides legal information and representation to low income individuals in areas of civil rights, racial injustice, economic injustice, Just Children and Immigrant Advocacy.

Victim/Witness Assistance

Phone: 540-967-2205

Website: www.louisacounty.com/176/Victim-Witness-Assistance-Program

Address: 100 W. Main Street, Louisa, VA 23093 [Louisa Commonwealth's Attorney Office]

Services: provides information, support and assistance to crime victims, witnesses and family members. The program assists victims, witnesses and families through the criminal justice system; makes referrals for crisis intervention; medical assistance; financial assistance; counseling; safety and protection plans and provides support during an often life changing series of events.

2-1-1 Virginia

Phone: 211; 1-434-845-8016 [Central Virginia Main Office]

Website: www.211virginia.org

Address: 1010 Miller Park Square, Lynchburg, VA 24501 [Central Virginia Main Office]

Services: Basic needs including food banks, shelters, rent and/or utility assistance, physical and mental health resources. Work initiatives: job training, English as a second language classes, GED prep, financial and transportation assistance. Support for seniors and individuals with disabilities: adult day care, meals at home, respite care and home healthcare. Support for children, youth and families: after-school programs, tutoring, mentorship programs, counseling and childcare centers.

Creciendo Juntos [Growing Together]

Website: www.cj-network.org, To contact email: coordinator@cj-network.org

Address: 1740 Broadway Street, Box #11, Charlottesville, VA 22902

A community effort to support Latino families in Charlottesville and Albemarle. A leading Latino advocate group providing year round workshops, forums, and resources for Latinos and Latino serving organizations.

United Way of Greater Charlottesville

Phone: 1-434-972-1701

Website: www.unitedwaycville.org

Address: 200 Garrett St, Suite 1, Charlottesville, VA 22902

Hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: serving the Cities/Counties of Charlottesville, Albemarle, Greene, Nelson, Louisa and Fluvanna. Provides endless lenses with which to view our area. This diversity allows for deep conversations on issues that affect our region, but may not be addressed head on. We work to identify broad, encompassing solutions for various issues.

SUPPORT GROUPS

Alcoholics Anonymous [Jefferson District Intergroup]

Phone: 1-434-293-6565

Website: www.aaheartofva.org

To obtain current meeting schedules/locations visit the above website

Support group of men and women who have the desire to stop drinking. The primary purpose is to stay sober and support others to achieve sobriety.

Al-Anon and Alateen

Phone: 1-434-972-7011 or email cvillealanon@gmail.com

Website: www.aaheartofva.org

To obtain current meeting schedules/locations visit the above website

Support group for families and friends of alcoholics. Alateen is a support group specifically for affected young folks.

Narcotics Anonymous [Piedmont Area]

Phone: 1-800-777-1515

Website: www.piedmontvana.org

To obtain current meeting schedules/locations visit the above website

Self-help and support group of recovering addicts wishing to help one another stay clean and sober.

SUPPORT GROUPS [continued]

Alzheimer's Caregivers

Phone: 540-872-2394

Address: Betty Queen Center, 522 Industrial Drive, Louisa, VA 23093

Meetings are on the 2nd Monday of each month from 1:00 p.m. – 2:30 p.m.

Providing education, information and support for family members and caregivers. Groups offer family/caregivers an opportunity to learn about issues relating to Alzheimer's and to share personal experiences and coping skills.

Charlottesville Survivors of Suicide

Phone: 1-434-974-9314 phone or email Margie Howell, mashrn@aol.com for meeting location

Website: www.save.org

Meetings are on the 1st Thursday of each month from 7:00 p.m. – 8:30 p.m.

A place for those who have lost a loved one to suicide are able to openly speak with and receive support from one another.

Compassionate Friends

Phone: 1-434-977-8930 or email: piedmontvatcf@gmail.com

Website: www.compassionatefriends.org

Address: Church of Our Saviour, 1165 Rio Road, East, Charlottesville, VA 22901

To obtain current meeting schedules/locations visit the above website

Services: Provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.

Side by Side

Phone: 1-888-644-4390 [youth support line]; 1-888-644-4800 [general questions]

Website : www.sidebysideva.org

Address: 2311 Westwood Ave., Richmond, VA 23230

To obtain current meeting schedules/locations visit the website

Services: Dedicated to providing supportive communities where Virginia's LGBTQ + can define, find themselves and flourish.

Smart Recovery [On Our Own]

Phone: 1-434-979-2440

Website: www.onourowncville.org

Address: 123 4th Street, Charlottesville, VA 22903

Louisa meetings: Call Holly at 1-540-672-8637 to schedule a meeting

To obtain current meeting schedules/locations visit the website

Services: Provides peer support, self-help, education, guidance, advocacy, and referral services for adults who have experienced significant problems in their lives due to challenges with mental health, substance abuse, or trauma.